



## Free, confidential support

Our support is on-going and can be adapted to your individual needs.

We work in partnership with Red Nose Grief and Loss and Jesuit Social Services to provide support for those in the greater Geelong region.



## Grieving a child

Call 03 4215 3358 during office hours,  
Monday to Friday

24 hour support: Red Nose 1300 308 307

## Grieving an adult

Call 03 4215 3358 during office hours,  
Monday to Friday

24 hour support: Lifeline 13 11 14

## Grieving after suicide

Call 03 4215 3358 during office hours,  
Monday to Friday

24 hour support: Suicide Line 1300 651 251



## Hope Bereavement Care

PO Box 281, Geelong VIC 3220

Level 2, Kitchener House  
289 Ryrie Street, Geelong VIC 3220

Phone: 03 4215 3358

A community based not for profit charity,  
Reg No. A0027598B

[www.bereavement.org.au](http://www.bereavement.org.au)



# Grieving?

We provide free information,  
support and counselling





## Grieving an adult

We provide free support to anyone who is grieving for an adult.

### We provide:

- Counselling - free professional, confidential personal and family support.
- Support groups, including books and DVDs.
- Bereavement resources.

Phone 03 4215 3358.

**24 hour support:** Lifeline 13 11 44

Geelong Community Foundation provides funding for this service.



Geelong  
Community  
Foundation

## What Hope offers

- Free personal and family support from qualified counsellors and trained peer supporters.
- Information and resources.
- Opportunities to meet with others who have had a similar experience.
- Support, education and advice for emergency workers, schools, community service providers and others.

*“Talking with someone who has been on this journey gave me the confidence to face today.”*

*“Hope was a tremendous support to us after the loss of Annabelle, and continues to support us now.”*



## Grieving a child

We provide free support to anyone who is grieving the death of a child - during pregnancy, birth and up to the age of 18 years of age.

### We provide:

- Counselling - free professional, confidential personal and family support.
- Support groups - parent and family support; peer and sibling support.
- Bereavement resources - including books, DVDs and on-line links.

Phone 03 4215 3358. Please leave a message if office phone is unattended.

**24 hour support:** Red Nose 1300 308 307

We partner with Red Nose Grief and Loss.



## Grieving after suicide

We provide free support to anyone after a suicide, including

- Counselling.
- Support groups.
- Resources.

Phone 03 4215 3358.

**24 hr support:** Suicide Line 1300 651 251

GriefLine 1300 845 745

We partner with Jesuit Social Services and are supported by Freemasons Victoria.

