



Hope Bereavement Care (Hope) is a Geelong based not for profit offering free information, support and counselling when grieving the death of a baby or child, the sudden and unexpected death of an adult and those experiencing the loss after suicide.

Hope Baby and Child Service offers support to anyone grieving the death of a child, during pregnancy, birth and up to 18 years. Support is offered through counselling, support groups that are facilitated by volunteer bereaved parents, remembrance events and the Treasured Babies Program offering parents appropriately sized clothing, teddy bears and memory boxes. This service is delivered in partnership with Red Nose Grief and Loss.

Hope Support After Suicide (SAS) provides grief support to anyone experiencing the loss of a loved one by suicide; and those in the wider community who may be caring for them. SAS works in partnership with those affected by suicide and the local community to raise awareness and help to prevent suicide. This service is delivered in partnership with Jesuit Social Services and proudly supported by Freemasons Victoria.

Hope Adult Service offers information, support and counselling for those who have experienced the sudden and unexpected death of a loved one. Hope also provides support and referral to people who feel alone in their grief. This program is supported by the Geelong Community Foundation.

Why Fundraise for Hope?

A sudden and unexpected death is devastating and shocking. It can lead to feelings of disbelief, guilt, loneliness, fear, nausea, anxiety and helplessness. As well as physical symptoms including sleeplessness and exhaustion. These experiences can increase risk of relationship breakdowns, financial strain, and ongoing mental health concerns. There are times that those bereaved need more support than that of family and friends, those bereaved by a suicide sometimes find it hard to reach out, and when families lose a baby during pregnancy or at birth, it can be hard for those who love and support then to know how to help.

Hope works to ensure that 'no-one is alone in their grief' by providing counselling, groups, information and support for the community and those caring for people who are grieving. With time, support and guidance, people begin to live their lives again. They return to work, begin caring for their families again and enjoy the company of friends once more.

Since we began over 35 years ago, the number of families we help each year has grown substantially. We receive no direct government funding, and the charities that have supported us in the past are reducing their funding, due to increasing pressure to support other organisations.

How to help

Choose your event

Donate your Celebration

Have a birthday coming up? Want to give a gift that makes a difference? Ask your guests to give to Hope instead of a gift.

Host an Event

Do you want to host a fundraising event? There are many ideas to consider. Perhaps you could host a Trivia Night or a Golf Day. You can ask for participants to donate to Hope as a part of coming to your event.

Or take the work out of it and host a night at the movies replete with popcorn and candy. Both Village and Readings will assist you in doing this.

Do something Unique

There are many creative ideas. Perhaps you could organise Santa photos at Christmas. Hire a Santa and sell photos to families of all shapes and sizes, like RSPCA's Santa Paws service. Or organise a Dog wash or a clothing swap. Everyone brings a bag of clothes they don't wear and let the shopping begin.

Challenge yourself

Want to push yourself. Why not consider 'running' for Hope or challenging yourself by reading 100 books or quitting sugar for a month. Ask your friends and family to sponsor you.

Get your Workplace, School or Club involved

Get your school or club to make Hope your fundraising cause. Get your workplace involved by running a corporate event or have a gold coin morning tea. Your school could hold a Sausage Sizzle or Talent show.

What about the local Football club holding a sportsman's evening or hosting a family football match?

Donate in the name of a loved one

Any of these events can be done in the name of a loved one. Or you may want to honor a special date of a loved one to Hope.



Plan your Event

Choose your cause

You can fundraise for Hope and let us put the money where it's needed or if you specifically want the money to go towards one of our programs.

Hope Child Service offers support to anyone grieving the death of a child, during pregnancy, birth and up to 18 years.

Hope Support After Suicide (SAS) provides grief support to anyone experiencing the loss of a loved one bereaved by suicide; and those in the wider community who may be caring for them.

Hope Adult Service offers information, support and counselling for those who have experienced the sudden and unexpected death of a loved one.

Keep in Touch

Don't forget to let us know how it goes, send us some photos and link us in on social media.



hopebereavementcare



givenow.com.au/bpbp

Collecting Donations

Collecting Donations Consider if you want to collect money or you would like people to Donate on-line.

The easiest option is to get people to Donate online. You can use Hope Bereavements GiveNow givenow.com.au/bpbp to create a Crowd Raiser, and then let them do the rest. They will keep track of what you have raised, manage all the money and receipts and you can link to people by social media or email straight from their page.

If you would prefer to collect money, Hope can provide you with a Tracking document so we can provide all givers a Tax receipt after the event and arrange a way for you to get the money to Hope.

Get the Word Out

Share

Compile a list of everyone you know, friends, family, work colleagues etc. Tell them about your fundraiser and invite them to support you.

Promote to Family and Friends

Announce your fundraiser on Facebook with a link to facebook.com/hopebereavementcare. You could also send a direct message to your friends to ask for donations and consider creating an "event" to invite them to. Share photos of your fundraiser and post to Facebook.

Hope Fundraising Support

We will provide you with a Fundraising Pack that includes

- a 'Proudly Supporting Hope' logo for event promotion
- Promotion of your event on the Hope website and Facebook page
- A Supporter Letter, to help you gather local support and sponsorship
- A guest speaker if available.

Thank you for making the choice to support the Hope Bereavement. We are extremely grateful.



'...no-one should be alone in their grief'

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